



Knapton News

1st Quarter 2023

Welcome to the Knapton News and a belated Happy New Year to everyone, Please see the What's on section in the Knapton News for information about local events and Groups. As a taster try the Coffee Club on the 2nd and 4th Friday of the month, this group includes , families and the Gentlemen of the village, come and join the group for a chat over Coffee and Cake. Then there is the Knitters and Stitchers who meet on the 1st Wednesday of the month, to name just two of the local groups who will give you a warm welcome. The village website can be found at <https://knaptonvillage.org/>

If there is anyone out there who would like to be involved in the Knapton News please get in touch. The Editorial Team would like to thank everyone who has supported our efforts, and may they long continue. Please send all articles, events or items to the dedicated email address which is: knapton.news@knaptonvillage.org



The Kings Coronation 6th May 2023

Knapton Parish Council are bringing together and working with all the village's clubs, committees and groups to plan two days of celebrations for The Kings Coronation on the 6th May. We would like this to be a weekend of festivities and celebration to encompass the whole of the parish, young and old alike! If you are new to the village, this will be an opportunity to meet your neighbours and new friends, and for those of us who have lived here for many years, it is a chance to renew friendships and make new ones.

See **page 6** for the programme of events.



We are very grateful to Shell, Interconnector Perenco and National Grid for their kind sponsorship of this publication



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Parish Clerk`s Report

The next item on the Parish Council`s `to do` list, is to aim at making the Coronation celebrations as much fun and as successful as the ones which marked the Jubilee of our late Queen Elizabeth II. The Parish Council has applied for funding and has high hopes this will lead to a really exciting and successful weekend. Any ideas or offers of help would be most welcome.

Other than that, the Councillors are coming up for the end of their four year term of office. They will all stand down and those who are willing to will put themselves forward, with suitable proposers and seconders, for election to the Council in May when District Council elections are held.

Once all this is completed and the end of the financial year completed, I will hang up my parish clerk`s hat. I feel it is time, after eleven or so years. I have very much enjoyed my time as clerk and will miss it, but other things such as family, the garden, friends etc call. Anyone who feels they would like to take this position should apply to the Parish Council Chairman, Peter Neatherway. It is varied and interesting and, as I say, I will miss it, especially the people. I would like to thank all parish councillors for their support and their input into the village, freely given, for some over many years and especially our tireless Chairman who has done so much for Knapton.

Dee Holroyd

As most of us know, we now have our very own recycling bin in the car park which can accept all clothes and shoes.

North Norfolk District Council will pay the Parish Council £50 per ton at a time when every penny is welcome.

So, by using it to dispose of your unwanted clothes and shoes you`ll be helping us to fund some of the parish projects that we are working on, including road safety and a bus stop, not to mention the various events we have planned for the children.

Any money raised will be used within the parish for the benefit of our residents.



Knapton Parish Council - Chairman's Report

I hope that as you're reading this you're feeling safe and well.

As we've lurched from a Covid crisis to a Cost-of-Living crisis the one constant has been your parish councillor's unswerving dedication to making things better. I would like to thank each one of them for not flinching in their efforts to continually work to improve our everyday lives despite the very challenging circumstances we all faced.

We have a strong council, full of leaders, which is reflected in what they have done since the last elections in May, including 3000 trees planted around the parish, various children's events, Anglian Sewerage system and County Broadband services shadowed, new bins added and a lot more.

Conversely, I've lost count of the number of times I, and the parish council, have been frustrated in our efforts by NNDC, from junction issues in School Close to a variety of planning issues. They even took our phone box! I guess that having a District Councillor (who's supposed to turn up to meetings occasionally and keep us informed of NNDC actions) living in Wales hasn't helped.

But in just under two months' time, on 4th May, we all get the chance to vote for whoever we think will best represent our parish and fight our corner at the District Council for the next four years. The outcome of the election will not affect national Government, that's next year's election, but it could make a real difference to each one of us and to our Parish Council's efforts to further improve our roads, road safety, bus services and a host of other things. So please take the time to vote and exercise your right to choose. However, those same elections will be tinged with sadness as both our Parish Clerk and the most senior member of the council will be retiring..

- Dee Holroyd has kept the council on the straight and narrow for over 11 years, guiding and supporting the council at every turn, working tirelessly for the good of our parish and all those who live in it.
- Pat Lee is a force of nature and shows his consideration and compassion for others every single day, as "Stuart's Bench" demonstrated so clearly. His level-headed and common-sense approach has been an inspiration to the council for around 30 years.

The commendable loyalty shown by both will not be easily replaced and they will both be sorely missed. So, reluctantly the council needs to fill their shoes. If you're reading this and thinking "I'd like to join the team and do some good in the village", I'd like to hear from you. You can read more on our website at: https://knaptonvillage.org/parish_council/why-be-a-parish-councillor

Looking ahead, the next twelve months promise to be every much as challenging but exciting as the last and I'm sure that after the elections in May, the elected Chair will share their vision for what the council will tackle during the following 12 months. I'm hopeful that it will include:

- finally seeing the re-modelling of the Hall Lane / Knapton Road junction
- further attempts to slow traffic down in Hall Lane and The Street
- starting the process for a revised "Parish Plan" and involving every parishioner
- considering new bus stop(s) for our schoolchildren and our elderly residents
- bench seating in several locations for locals and walkers to rest and relax
- more children's events
- revisions to the playground
- tree safety survey
- progressing along the path of setting up a "Community Hub"

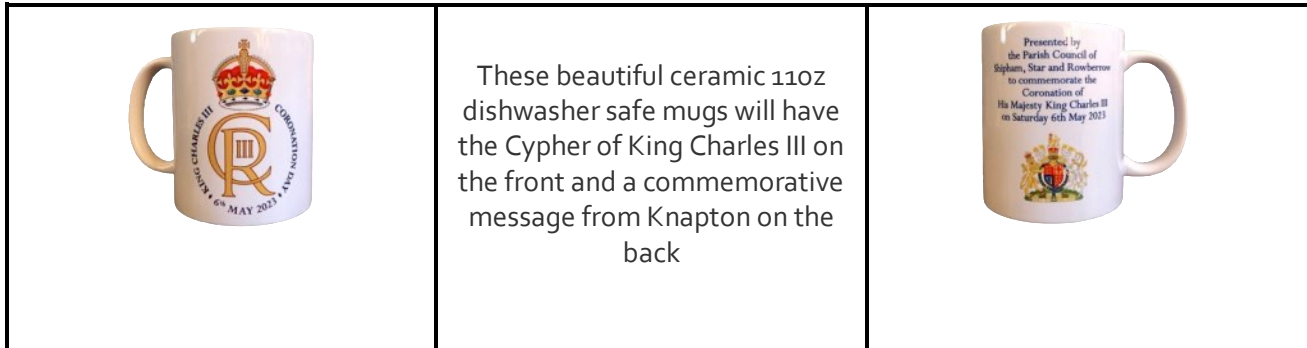
I hope that the rejuvenated community spirit within the parish will encourage those who don't normally get involved to offer a lending hand as we continue to strive to make where we live as safe and as wonderful as possible, and I look forward to seeing you at one of our events during the year.

Stay safe

Peter

Commemorative Mugs

Just as we did for the Queen's Platinum Jubilee celebration last year, your Parish Council will be commissioning special King Charles III Coronation mugs to give to the children of the parish as a collectable keepsake of this prestigious occasion.



If you have any children under the age of 18, please contact Councillor Jackie Southwell at: jackie.southwell@knaptonvillage.org to register their claim and reserve their King Charles III Commemorative mug.

We are also aiming to have additional mugs available for sale at around £5 which can be collected at our event at the church, or by contacting Jackie or our Parish Clerk after the event.

[Knapton Parish Plan 2023](#)

The 2008 Knapton Village Plan was a great piece of work.

Taking well over a year to produce, it was well researched, took contributions from many residents, groups and organisations from around the parish and it set priorities and objectives for the Parish Council to pursue in the years that followed.

A Village / Parish Plan should be reviewed at least every five years or so to evaluate its progress, but Knapton's has never been reviewed so I feel that it's time it was because the actions that came out of it around fourteen years ago are now either completed or are in dire need of updating.

A Parish Plan should determine the future of a community and I believe that for ours to be credible it must include the thoughts and views of everyone that lives here, so I will ensure that every resident within the parish has the opportunity to voice their opinion and be heard.

In May, at the first Parish Council meeting of the new term, I will take the necessary steps to setup a Steering Group to be led by Councillor John Lawton, which will oversee and drive this parish-wide project. Although led by the Parish Council, I would like to see it comprise of members of the Parish Council, Village Hall and Fête committees, the Church, MADRA, local clubs & groups and residents of the parish.

Let's all be part of something good, and get it done.

Peter Neatherway

Knapton Parish Council | Chair



Church Warden's Whispers

As I walked along Pond Lane looking across the fields, past the church and could see the sea in the distance I thought to myself how lucky am I to live in such a wonderful village in a glorious part of the country. My second thought was how we keep our Church alive, living and breathing not just a beautiful historic building. What do you think?

The Church needs to be used for worship and prayer and offer a quiet space for all of course but also as a community space to be shared by all. Therefore we need some change. Now change is not always easy for everybody to accept or desire but throughout the centuries I am sure Knapton Church has seen many changes some good, some not so. We are blessed with an exceptional Church building whether or not we have yet to discover the Christian faith. Baptisms, Weddings and Funerals all take place here and many use the facilities regardless of the extent of their Christian faith. Our local rural churches receive no head office funding and yet many of us will both need and want the services of a Vicar for a multitude of reasons, many happy some sad. St Peter and St Paul's has a monthly income of approximately £750 however our outgoings are £1200 in fees and costs which includes Vicar's wages, heating and insurance, therefore a huge shortfall some of this we hope to fill with the new Parish Giving Scheme. We need your help and generosity to flourish and continue within the community. A monthly, quarterly or annual direct debit would help us in this quest. Be it from an individual or from a business, land owners or holiday lets, it is always hard to ask for help especially at this time however any amount would be amazing. All donations are used in Knapton and all contributions kept confidential. We will personally deliver a form to each household please contact me with any thoughts or concerns.

It was fantastic to see so many of you at the Christmas Carol service. Who will forget Dave and his tail! A huge thanks you to everybody who read at the service and to the Hammond family and friends for supplying and decorating the Christmas tree and also to Nicola, Lesley and Liz for helping me decorate the church it looked amazing. Christmas day Holy Communion was once again led by Reverend Christopher Winter. Thanks to all.

With Easter fast approaching we have a Maundy Thursday service at Knapton at 7pm. Holy Communion on the third Sunday in the month all services across the group will be on our notice board. We look forward to seeing you all to celebrate the Kings Coronation in May.

Do please contact me on allisonjackson0756@hotmail.com or 01263720826 or 07769613399

Allison Jackson Church Warden.



Afternoon Social Tea Dance

2pm – 4.30pm

Admission £4

Also, a Raffle - Proceeds to Charities

Contact: 01263 720069 - Mobile 07391248969

Everyone's Welcome

Knapton Village Hall NR28 0RZ

Monday's 3rd April & 15th May 2023

Music CD's by Just William

Tea or Coffee and Cakes (included)

Restart after the Summer Hopefully September

Kings Coronation Weekend

Saturday 6th May -

6pm Village Event - Church

Bring A Bottle and Complementary BBQ (6.30-8pm)

Live Music

Band Dynamite

Lighting of the Village Beacon and singing the National Anthem

Sunday 7th May

Church open from 10 am - Refreshments Coffee and Cake
- come and meet the local groups and their members.

10 am for a 10.30am start - Village Walk -

Everyone (and their dog) is invited to our Village Walk, which will take up along many of the footpaths that criss-cross our parish, starting and finishing at the **Church** for some re-vitalising refreshment. Anyone that would like to join us but feel that the walk is perhaps too much is welcome to remain in the church to be there when we finish.

4pm A Celebration in Song of the Coronation - Hymns to be chosen by you! The celebration will be led by Revd Joanna. Please let your Church Warden Allison know which Hymns you would like to sing and if you have a special reason that too. Or there will be a box at the back of church to put your request in!

Allison's phone no's are 01263720826 or 07769613399. or
allisonjackson0756@hotmail.com



My name is Emma and I was lucky enough to move to our lovely village back in January 2021 with my husband, 2 children and our beloved cat and chickens. Having now settled into our new home, I am excited to announce the launch of my practice;

Acorn Enrichment is a supportive practice of complimentary healing therapies. My practice encompasses the mind, body and spirit approach to wellness. I promote mindfulness, relaxation, gratitude, kindness and working with natural rhythms and cycles as readily available tools to promote general well-being.

Prior to having my children, I worked as a mental health social worker for 12 years, and prior to that I had worked in numerous social care settings. I have always been passionate about people, their well-being and their right to be feel understood and secure. Motherhood has only deepened that passion and my desire to enable people to feel connected, comfortable in their own skin, empowered to use their voice and strive for their own unique dreams.

I am a firm believer that we all hold the power to lead a more balanced, peaceful and joyful existence if we take the time to get to know ourselves and to utilise the innate tools around us that can gently support and guide us through our own personal cycles of life.

Attuned in the beautiful modalities of reiki and crystal healing, my ultimate aim is to hold space for you, whether it be individually or in circle and to enable you to feel safe, seen and heard as you discover your own inner knowing and power.

I am offering both individual treatment sessions and circles at my home here in Knapton and would love to hear from you if you are interested in learning more.

With Warm Wishes,

Emma

www.acorn-enrichment.co.uk

embofount@hotmail.com



The Bells of St Peter and St Paul's Parish Church Knapton

The Church of St Peter and St Paul is very fortunate to possess an excellent ring of 6 bells, hung for English style "Full Circle" ringing.

The largest bell (tenor) weighs approximately 5.5 cwt (280 kgs) which actually makes them a "light" ring of bells and hence relatively easy to ring.. Two of the bells (5 and 6) date from the middle of the 16th century and were cast by Norwich bell founder John Brand. It is possible that they were actually cast in the church-yard or a nearby field as many bells at this time were cast "on site".

Bells 2, 3, and 4 were recast by Gillett and Johnson of Croydon, in 1932 from three 19th century (Mears of London) bells. The bells were returning in a new steel and cast-iron frame to replace the original wooden structure which had become very unstable due, mainly to neglect and the fact that the rainwater poured through the leaking Tower roof. The bells had not been rung for at least 50 years prior to this restoration. The "new" treble bell (Whitechapel Bell Foundry) dated 1990 was the generous gift of former Knapton resident and Bell ringer Miss Dorothy Margett, which she gave in memory of her Godfather.



The Five Bells as at 1932.

"Ring for the King" is the slogan for all Bell Ringers around the country if you would like to join Knapton Bell Ringers please contact Andy Lubbock whose contact details are in the poster below.

BELL RINGERS

WANTED

**The Bell Ringing Team in Trunch Group
NEED YOU!**

The Trunch Group of Ringers can be heard in Knapton,
Gimingham and Paston as well as Southrepps and
Northrepps

Experienced or Want To Be - Training Given
Contact Andrew Lubbock on 01263 722929
or email andyman1@live.co.uk.

St Peter and St Paul's
Parish Church
Knapton Bells



TALES FROM THE COMPOST HEAP



. Hello all,

Happy New Growing 2023 to you all,

The weather was lovely for February, but Spring is now officially here.

The snowdrops are looking amazing but they will be over soon ,the

daffodils are just bursting and so are the primroses. But we must not forget the birds ,they need building up for breeding .

It is time to plant seeds, peppers and chillies with help from a bit of warmth, for the greenhouses, tomatoes a bit later as they will get too drawn. Also all our greens as they need a long growing season. Your potatoes should all be in old egg boxes chitting ready for planting. Don't forget the flower seeds, to bring all the bees into our gardens and allotments to pollinate the apples and all our fruit bushes. If you have warmed the ground up by covering it, and you want to plant small cabbage plants or seeds, cover the plants with fleece (white light material) it makes a lot of difference, as we are in for some very cold weather.

We have three new allotment holders this year and am looking forward to seeing if there are any new ideas for us oldens ,we are always interested in learning new things.

I hope our weather is better this year, all our watering is good but nothing can beat a good drop of rain. Hopefully it won't be so hot this year, although the tomatoes loved it, we are still eating the produce from last year, the freezers were full but we are gradually eating our way through it all.

So it's good growing to you all, as this is a very exciting time of the year .Oh! the carrots my husband grew in pots were a winner, we had lovely sweet carrots during the winter, yummy!

Good gardening whatever you are growing.

Best wishes for 2023 to you all.

Thank you Diane.

Green Fingers

Coffee Club

Meets in the Village Hall twice a month on the second and fourth Friday from 10am - 12 midday. Come along for a chat, coffee and cake. Coffee/Tea and cake only £2.with free



top ups!!!



These are photos of the cakes from the Coffee Club on the 24th February, with thanks to Almerinda for all her hard work they were delicious, the second cake is just 5 minutes from their arrival on the table.



Don't forget Everyone is welcome. .

Knapton Women's Own

Our next meeting is on **Tuesday 4th Aptil** at 2.15pm, with Revd. John Fenn, who will talk about his life. We meet on the First Tuesday of each month, If you are new to the village and would like to join us, please do come along. On the 4th July will be holding the Annual Strawberry Tea, when everyone in the village is welcome to help the group raise money for their charity of the year which is Mundesley First Responders.

Jill Emms. President.

Knapton Knitters and Stitchers

Knapton Knitters and Stitchers meet in the village hall on the first Wednesday of each month from 1.30 to 4pm.

New members are always welcome so please bring along your knitting, sewing, crochet or craft work.

We also make items for charity and at present are making hats and gloves for Ukraine.

Next meetings are 5th April, 3rd May and 7th June.

For further details see the village hall notice board or contact Jean Clarke 01263 720680.



VILLAGE HALL HIRE

Bookable Sessions: Morning - 9am to 1pm :: Afternoon - 1pm to 5pm :: Evening 5pm to 9pm

Village Hall Hire Charges (without Heating)

Village Residents, Clubs & Groups **£12 per session** - Non Village Residents, Clubs & Groups **£20 per session**

Charges for All Day, Corporate, Commercial, Local Government or Public Sector Events available on request.

Heating

Heating is charged in addition to the Hall Hire it is charged by the hours used:

1 heater @1.5kw is £1.50 .

3 x 1 heater@1 kw is £3 ie £1 each.

To use all 4 heaters for 1 hour is £4.50

2 hours £9

3 hours £13.50

4 hours £18 .

All booking enquiries to Booking Secretary via the Knapton Village Website

Current Booking Form, Conditions of Hire and other booking information can be obtained from the Bookings Secretary. Information is also being updated on the village website:

[Booking The Hall - Knapton Parish Council \(knaptonvillage.org\)](http://knaptonvillage.org)

What's On In Knapton April - June 2023

April

Monday 3rd	2 - 4.30 pm	Afternoon Tea Dance - Village Hall - £4 Tea or Coffee and Cakes (included) Everyone's Welcome Music CD's by Just William - See page 5 for more information
	7pm	Clubbercise - Village Hall also on 10th , & 24th
Tuesday 4th	2.15 pm	Knapton Women's Own - New members always welcome
	7pm	Village Hall - Ruth Smith The Inconvenience of Loose Elastic Parish Council - Village Hall - Public welcome , questions when invited by the Chairman at the end of the meeting
Wednesday 5th`	1.30 pm	The Knitting and Stitching Group - Village Hall Everyone
Friday 14th	10am - 12midday	Coffee Club - All Welcome, join us for a chat over coffee etc. - Village Hall .
Friday 28th	10am - 12 midday	Coffee Club - All Welcome, join us for a chat over coffee etc. Village Hall .

May

Monday 1st	7pm	Clubbercise - Village Hall also on 8th, 15th, 22nd, & 29th
Tuesday 2nd	2.15pm	Knapton Women's Own - New members always welcome
	7pm	Village Hall - Mike Ayden Cromer Hospital Friends Parish Council Annual Meeting - Village Hall - Public welcome , questions when invited by the Chairman at the end of the meeting
Saturday 6th May	from 6pm	Kings Coronation Festivities - Church - See page 6
Sunday 7th May	from 10 am	Kings Coronation Festivities continues - Church " "
Friday 12th	10am - 12midday	Coffee Club - All Welcome, join us for a chat over coffee etc. - Village Hall . Everyone welcome.
Friday 19th	10am - midday	Coffee Club - All Welcome, join us for a chat over coffee etc. Village Hall . Everyone welcome.
Monday 15 th May	2 - 4.30pm	Afternoon Tea Dance - Village Hall - £4 Tea or Coffee and Cakes (included) Everyone's Welcome Music CD's by Just William - See advert page 5

June

Monday 5th	7pm	Clubbercise - Village Hall also on 12th, 19th & 26th
Tuesday 6 th	2,15pm	Knapton Women's Own - New members always welcome
	7pm	Village Hall - Bring Along An object of interest. Parish Council - Village Hall - Public welcome , questions when invited by the Chairman at the end of the meeting
Wednesday 7th	1.30 pm	The Knitting and Stitching Group - Village Hall Everyone
Friday 9th	10am - 12midday	Coffee Club - All Welcome, join us for a chat over coffee etc.

Useful Information

Doctors:

Emergency No: 111

Mundesley Medical Centre

Appointments & Enquiries Tel: (01263) 724 500 - Repeat Prescriptions Tel: (01263) 724 506
Munhaven Close, Mundesley, Norwich, NR11 8AR

Birchwood Medical Practice

Appointments and Enquiries Tel: (01692) 402 035 - Repeat Prescriptions Tel: (01692) 406 885
Park Lane, North Walsham, Norfolk, NR28 0BQ

Paston Surgery

Appointments, Enquiries & Prescriptions Tel: (01692) 403 015 - 9-11 Park Lane, North Walsham, Norfolk, NR28 0BQ

Hospitals:

Norfolk & Norwich University Hospital (NNUH)

Tel: 01603 286 286 Colney Lane, Norwich, NR4 7UY

Cromer & District Hospital (Minor Injuries Clinic only 8am to 8pm)

Tel: 01263 513 571 Mill Road, Cromer, NR27 0BQ

North Walsham & District War Memorial Hospital (No A & E)

Tel: 01692 408 070 Yarmouth Road, North Walsham, Norfolk, NR28 9AP

North Norfolk District Council

Council Offices, Holt Road, Cromer NR27 9EN 01263 513811

<http://www.north-norfolk.gov.uk/>

Norfolk County Council : 0344 800 8020 (Monday-Friday 9am-5pm)

<http://www.norfolk.gov.uk>

Water & Drainage: Anglian Water

Tel: (0845) 145 145 Freephone: (0800) 145 145

Power:

Electrical:

UK Power Networks - To report an electrical emergency or power cut:

Tel: 0800 783 8838

General Enquiries Tel: 0845 601 4516 - Customer Relations Tel: 0800 028 4587

New Connections Tel: 0845 234 0040

Gas Emergencies: National Gas Emergency Number Tel: 0800 111 999